



4010 Randolph Road, Room 301  
Silver Spring, Maryland 20902



Individuals with disabilities and their families are encouraged to register for MC Department of Recreation programs. MCRD is committed to compliance with the Americans with Disabilities Act (ADA). To facilitate inclusion, interpreters, large print and auxiliary aids may be requested with two weeks notice. Please call a Therapeutic Recreation Specialist at 240-777-6870 to discuss your needs.

# 2010 FALL SPORTS

*Get in the game!*

Soccer  
Kickball  
Speedball  
Dodgeball  
Basketball  
Flag Football  
Street Hockey



[montgomerycountymd.gov/rec](http://montgomerycountymd.gov/rec)

Para información en Española, llamen al 240-777-6839.

## FLAG FOOTBALL, 4 ON 4

Skill development is what flag football is all about. We will emphasize the skills of footwork, agility, and the knowledge of the game of football. The skills of passing, kicking, running, play calling and basic blocking with hands will be covered.

- Sign up as a team or individual
- 2 weeks practice
- 4 weeks game on same day



When: September 25, 2010 (start date)

Time: 9:00 am

Duration: 6 weeks

Location: MCRD Bushey Drive Field, 4010 Randolph Road

Cost: \$55

CONTACT PERSON - Trish Gill, 240-777-6828

289042 Pre K Saturday MCRD Bushey Drive Field

289043 K-1 Saturday MCRD Bushey Drive Field

## FLAG FOOTBALL

This league focuses on sharpening skills to empower the participants to move on to tackle football.

Grades 2, 3, 4, 5, 6, 7 and 8.

- Sign up as team or individual
- 2 weeks practice
- 4 weeks of games



When: September 25, 2010 (start date)

Time: 9:00 am

Duration: 6 weeks

Location: Potomac CC, Good Hope CC, MCRD

Cost: \$60

CONTACT PERSONS - Corky McCorkle, 240-777-4980

Shawn Robinson, 240-777-8091

<u>Down County</u>	<u>East County</u>	<u>Upper County</u>	<u>Mid - County</u>
289026 2nd	289030 2nd	289034 2nd	289038 2nd
289027 3 - 4	289031 3 - 4	289035 3 - 4	289039 3 - 4
289028 5 - 6	289032 5 - 6	289036 5 - 6	289040 5 - 6
289029 7 - 8	289033 7 - 8	289037 7 - 8	289041 7 - 8

## YOUTH SPEEDBALL

This combination of basketball, soccer and football is fast, fun and challenging. This game employs many techniques from basketball, soccer and football. A player should be able to dribble the ball like soccer, catch and throw as in basketball, and punt, pass and catch like in football. There is absolutely no touching in speedball. Indoor play.

- Sign up as a team or individual
- 6 weeks games only
- Co-Ed
- Ages 13-18



When: September 26 (start date)

Time: Sundays, 3:00 - 4:00 pm

Duration: 6 weeks

Location: Germantown Community Center

Cost: \$60

CONTACT PERSON - Rosemary Yorke, 240-777-6887

290367 Sunday Germantown CC

## STREET HOCKEY

Street hockey can be played by anyone, anywhere, anytime. How about coming and playing with us? We give you the space and sticks-you give us your enthusiasm.

- Grades 5 - 8
- Sign up as team or individual
- 6 weeks
- Co-ed
- Saturdays



When: Saturday, Sept 25 (start date)

Time: 3:00 - 5:00 pm

Duration: Six weeks

Location: East County Regional Center, Upper County Regional Center, Bauer Drive CC and Damascus CC

Cost: \$60

CONTACT PERSONS - Corky McCorkle, 240-777-4980

Shawn Robinson, 240-777-8091

290482 Grades 5-8 Saturdays TBA

## YOUTH KICKBALL

Running, fielding, kicking and developing a sense of belonging to a team are some of the benefits to youth kickball. Get them out in the sun while the crisp breezes are blowing.

- Grades 2, 3, 4, 5 and 6
- 2 weeks practice
- 4 weeks game on same day

When: September 26 (start date)

Time: 12:00 pm - 6:00 pm

Duration: 5 weeks program  
(1 week practice, 4 weeks games, 1 hour games)

Location: Potomac CC

Cost: \$55

CONTACT PERSON - Trish Gill, 240-777-6828

290466	Grades 2 - 4	Sundays	Potomac CC
290467	Grades 2 - 4	Sundays	Potomac CC
290468	Grades 5 - 6	Sundays	Potomac CC
290469	Grades 5 - 6	Sundays	Potomac CC



## ADULT SPEEDBALL

This combination of basketball, soccer and football is fast, fun and challenging. This game employs many techniques from basketball, soccer and football. A player should be able to dribble the ball like soccer, catch and throw as in basketball, and punt, pass and catch like in football. There is absolutely no touching in speedball. Indoor play.

- 6 weeks
- 2 practices
- 4 games
- Co-Ed

When: September 26 (start date)

Time: Sundays, 4:00 - 5:00 pm

Duration: 6 weeks

Location: Germantown CC

Cost: \$60

CONTACT PERSON - Rosemary Yorke, 240-777-6887

290366	Sunday	Germantown CC
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## ADULT DODGE BALL

Get your buddies movin' with a fast game of dodge ball! Ages 18+.

- Teams and Individuals may register
- 6 games + 2 game playoff

When: September 27 and September 30 (start dates)

Time: 7:00 pm and 7:30 pm

Duration: 6 week program

Location: Wisconsin Place and Bauer Drive CC

Cost: \$65

CONTACT PERSON - Trish Gill, 240-777-6828

Angie Walker, 240-777-6908

Mid County Region- 240-777-6908 Angie Walker

289470 Monday 7:30 pm Bauer Drive CC

289471 Thursday 7:00 pm Wisconsin Place CC



## 3 ON 3 BASKETBALL LEAGUE

Three on three basketball is one of the most exciting and competitive games around. Three on three follows the same basic rules as basketball, but is played on only half a court. Three on three basketball can be great for pick-up games or honing needed skills. Grades 3 - 8.

- Teams or individuals
- 6 week program
- Awards

When: September 25 (start date)

Sundays, Start September 26, 2010

Time: 12:00 noon and 1:00 pm

Location: Potomac CC and Germantown CC

Cost: \$65

CONTACT PERSONS - Trish Gill, 240-777-6828

Shawn Robinson, 240-777-8091

290472	Grades 3-5	Saturday	Germantown CC	1:00 pm
290473	Grades 3-5	Saturday	Germantown CC	1:00 pm
290474	Grades 3-5	Saturday	Germantown CC	1:00 pm
290475	Grades 6-8	Sunday	Potomac CC	12:00 pm
290476	Grades 6-8	Sunday	Potomac CC	12:00 pm
290477	Grades 6-8	Sunday	Potomac CC	12:00 pm





## SOCCER LEAGUE

Instructional league to train tomorrow's soccer players. Refine your child's coordination, balance and gross motor skills while having fun. Pre K and Grades K - 1. Practice and game times will be from 9:00 am - 6:00 pm.

- 2 practices
- 4 games

When: September 25 (start date)

Time: 9:00 am - 6:00 pm

Duration: 6 weeks

Location: Darnestown Local Park

Cost: \$60

CONTACT PERSONS - Angie Walker, 240-777-6908  
Rosemary Yorke, 240-777-6887

290480	PreK	Saturday	Darnestown Local Park
290481	K-1	Saturday	Darnestown Local Park



## TR SOFTBALL

Like softball? Then you'll love TR softball. It's fun, it's fast and it's indoors. We will have helpers to make this an enjoyable time for all. Middle and High School Special Needs children

- Sign up as a team or an individual
- Six week program

When: September 26 (start date)

Time: 12:00 Noon

Duration: 6 weeks

Location: Longwood CC

Cost: \$65

CONTACT PERSON - Trish Gill, 240-777-6828  
Angie Walker, 240-777-6908

290478	Middle School	Sunday	LongWood CC
290479	High School	Sunday	Bauer Drive CC



## SOCCER CLINIC

Learn the how to play the exciting game of soccer with this clinic! We will emphasis the basic rules of the game, along with the skills of handling the ball with feet, passing the ball and basic blocking. This clinic is open to children ages K - 2nd Grades and has limited enrollment.

- 45 minute classes
- 6 weeks - instruction only
- Indoor instructional

When: September 25 (start date)

Time: 10:30 am at Longbranch  
1:00 pm at Coffield

Duration: 6 weeks

Location: Coffield CC and Longbranch CC

Cost: \$60

CONTACT PERSONS - Rosemary Yorke, 240-777-6887  
Angie Walker, 240-777-6908

290483	K-2	Saturday	Longbranch
290484	K-2	Saturday	Coffield CC

